## Energy and the Conservation of Energy

## The most important organizing principle in all of science.

Energy can't be created or destroyed.
It can only change from one form to another.
Anything that happens involves a change in energy from one form to another.

## Energy comes in many different forms.

Mechanical energy:


Thermal
energy:


Other forms include:

$E_{\text {chem }}$

## The Basic Energy Model



## Thermal Energy is Special.



A child on a swing is motionless at the highest point of her arc.
As she swings back down to the lowest point, what energy transformation is taking place?


After a springbok leaves the ground, it rises to a height of over 2.0 meters.
On the way up, what energy transformation is taking place?


A baseball player slides into home, coming to rest right on the plate.
What energy transformation is taking place?


A skier moves down a slope at a constant speed.
What energy transformation is taking place?


## Power

Transformation: Transfer:

$$
P=\frac{\Delta E}{\Delta t} \quad P=\frac{W}{\Delta t}
$$

Useful equation:
$P=F \cdot v$

## Unit: <br> $\mathrm{l} / \mathrm{s}=\mathrm{W}$

## Power is a rate...

- Same mass...
- Both reach 60 mph...


Same final kinetic energy, but different times mean different powers.

A 70 kg human sprinter can accelerate from rest to $10 \mathrm{~m} / \mathrm{s}$ in 3.0 s .

What is the specific power-the power output divided by the mass in kg ?


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I. What energy changes?
2. What is the magnitude of the change?
3. What is the power?
4. What is the specific power?


## Power Output for Jumpers

| Animal | Mass <br> (kg) | Jump <br> Height <br> $(\mathbf{m})$ | Jump <br> Time <br> (s) | Power <br> $\mathbf{( W )}$ | Power/ <br> mass <br> $\mathbf{( W / k g )}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Human | 70 | 1 | 0.57 | 1200 | 17 |
| Impala | 40 | 2.4 | 0.73 | 940 | 24 |
| Bushbaby | 0.3 | 2.3 | 0.15 | 45 | 150 |
| Flea | 0.00075 | 1 | 0.0007 | 11 | 14,000 |

```
Energy Inputs
I.0 Calorie = 1000 calorie = 4200 J=4.2 kJ
\[
1.0 \mathrm{~kJ}=1000 \mathrm{~J}=240 \text { calorie }=0.24 \text { Calorie }
\]
```


## How to solve?



Look up energy use in table.


Compute energy use.

| Activity | Metabolic power (W) <br> of $\mathbf{6 8} \mathbf{~ k g}$ individual |
| :--- | :---: |
| Typing | 125 |
| Ballroom dancing | 250 |
| Walking at $5 \mathrm{~km} / \mathrm{h}$ | 380 |
| Cycling at $15 \mathrm{~km} / \mathrm{h}$ | 480 |
| Swimming at a fast <br> crawl | 800 |
| Running at $15 \mathrm{~km} / \mathrm{h}$ | 1150 |



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Justin (who happens to have a mass of 68 kg ) walks 10 km at a pace of $5 \mathrm{~km} / \mathrm{hr}$. How much energy does he use?


## How far could you walk

 on the energy in a pack of M\&Ms?
## Sarah (mass 68 kg ) walks up a flight of stairs of height 2.7 m . What is the change in her potential energy? How much energy does her body use to complete the climb?



A 75 kg person climbs the 248 steps to the top of the Cape Hatteras lighthouse, a total climb of 59 m .

How many Little Juan bean and cheese burritos will this task require?
I. $0 \mathrm{LJB}=240$ Calorie $=1000 \mathrm{~kJ}$
$1.0 \mathrm{~J}=0.24$ calorie
$1.0 \mathrm{~kJ}=0.24$ Calorie
1.0 Calorie $=4.2 \mathrm{~kJ}$



## How high could you climb on the energy in one pack of fun size M\&Ms?

## Energy use at rest.



## Energy use of the body

| Organ | Resting power (W) <br> of $\mathbf{6 8} \mathbf{~ k g ~ i n d i v i d u a l ~}$ |
| :--- | :---: |
| Liver | 26 |
| Brain | 19 |
| Heart | 7 |
| Kidneys | 11 |
| Skeletal muscle | 18 |
| Remainder of body | 19 |
| Total | $\mathbf{1 0 0}$ |



## Cost of Locomotion



Kangaroo A and Kangaroo B (who have the same mass) complete a 5.0 km course.

Kangaroo A takes 20 minutes.
Kangaroo B takes 40 minutes.
Which uses more energy?


## The Rainbow and Beyond



## Shortcut for computing photon energiess

$$
\frac{1240}{\lambda(\text { in } \mathrm{nm})}
$$

## Atomic Energies

| Process | Energy |
| :--- | ---: |
| Breaking a hydrogen <br> bond between two water <br> molecules | 0.24 eV |
| Energy released in <br> metabolizing one molecule | 0.32 eV |
| of ATP |  |
| Breaking the bond between <br> atoms in a water molecule | 4.7 eV |
| Ionizing a hydrogen atom | 13.6 eV |

## The Electromagnetic Spectrum

| Wave | Wavelength | Frequency | Photon energy |
| :---: | :---: | :---: | :---: |
| FM Radio | 3.0 m | 100 MHz | $0.4 \mathrm{I} \mu \mathrm{eV}$ |
| Microwave | 16 cm | 1.9 GHz | $7.9 \mu \mathrm{eV}$ |
| Far IR | $10,000 \mathrm{~nm}$ | $3.0 \times 10^{13}$ | 0.12 eV |
| Near IR | $1,000 \mathrm{~nm}$ | $3.0 \times 10^{14}$ | 1.2 eV |
| Red | 700 nm | $4.3 \times 10^{14}$ | 1.8 eV |
| Visible (typical) | 500 nm | $6.0 \times 10^{14}$ | 2.5 eV |
| Blue | 400 nm | $7.5 \times 10^{14}$ | 3.1 eV |
| Ultraviolet | 290 nm | $1.0 \times 10^{15}$ | 3.4 eV |

## The

## Electromagnetic Spectrum

$$
\begin{gathered}
c=\lambda f \\
E_{\text {photon }}=h f \\
h=6.63 \times 10^{-34} \mathrm{~J} \cdot \mathrm{~s}
\end{gathered}
$$



## Atomic Radiation

Visible

Wavelength varies with temperature.


$$
\begin{equation*}
\lambda_{\text {peak }}(\text { in } \mathrm{nm})=\frac{2.9 \times 10^{6} \mathrm{~nm} \cdot \mathrm{~K}}{T} \tag{25.22}
\end{equation*}
$$

[^0]
## Emitting EM Waves Means Emitting Energy

$$
\frac{Q}{\Delta t}=e \sigma A T^{4}
$$

Rate of heat transfer by radiation at temperature $T$

$$
\sigma=5.67 \times 10^{-8} \mathrm{~W} / \mathrm{m}^{2} \cdot \mathrm{~K}^{4}
$$

Seal thermal window



$$
\begin{equation*}
\lambda_{\text {peak }}(\text { in } \mathrm{nm})=\frac{2.9 \times 10^{6} \mathrm{~nm} \cdot \mathrm{~K}}{T} \tag{25.22}
\end{equation*}
$$

Wien's law for the peak wavelength of a thermal emission spectrum

$$
\frac{Q}{\Delta t}=e \sigma A T^{4}
$$

Rate of heat transfer by radiation at temperature $T$ (Stefan's Law)

## You Look Positively Radiant

A typical human has a surface area of about $1.8 \mathrm{~m}^{2}$.All skin, regardless of color, has an emissivity of about $\mathrm{e}=0.97$. How much power does a person's body radiate at normal skin temperature? (About $33^{\circ} \mathrm{C}$, or 306 K )

## 870 W

What is the peak wavelength of the emission?

## 9500 nm


[^0]:    Wien's law for the peak wavelength of a thermal emission spectrum

